

Memberships

*we meet your needs wherever you are
on the health spectrum*

	I want it ALL.	I want personalized medicine.	I want a health club.	I want a wellness community.
	 TOTAL	 MEDICAL	 LIFESTYLE	 WELLNESS
Access to the medical clinic for primary care and specialty consults	✓	✓	✗	✗
Same- or next-day clinic visits for urgent issues	✓	✓	✗	✗
24-7 access to medical providers through a medical concierge line	✓	✓	✗	✗
On-site lab draws	✓	✓	✗	✗
3 services from the PALM Choice Pack	✓	✓	✗	✗
Annual Functional Fitness Assessment	✓	✗	✓	✗
Open fitness center access	✓	✗	✓	✗
Designated Navigator	✓	✓	✓	✗
Unlimited monthly educational seminars	✓	✓	✓	✓
Café access	✓	✓	✓	✓
Wellness Rewards Points	✓	✓	✓	✓
Sessions of your choice (<i>salt room, infrared sauna, cryotherapy, classes</i>)	4	4	4	4
Salt room sessions	unlimited	à la carte	unlimited	à la carte
Infrared sauna sessions	unlimited	à la carte	unlimited	à la carte
Classes	unlimited	à la carte	unlimited	à la carte
À la carte wellness services (<i>coaching and training, body and beauty, wellness therapies</i>)	✓	✓	✓	✓
	PRICE MONTHLY	\$275/mo <i>plus \$300/yr</i>	\$165/mo <i>plus \$300/yr</i>	\$195/mo <i>plus \$300/yr</i>
	PRICE ANNUALLY	\$3,300/yr	\$2,100/yr	\$300/yr
Clinic Registration Fee	+ \$250	+ \$250	✗	✗
ADD-ON Programs	✓	✓	✓	✓
ADD-ON Choice Packs	✓	✓	✓	✓
ADD-ON Day Spa Packages and Special Occasion Packages	✓	✓	✓	✓
ADD-ON Family Memberships	✓	✓	✓	✓

All memberships are for a one-year term.